

REIKI LEVEL I CERTIFICATION RETREAT

at The Retreat Costa Rica in Atenas, Costa Rica | Sunday, February 24 - Friday, March 1



Learn how to channel universal healing energy for yourself and others.

We are all divine beings of light and resonance. Reiki is a beautiful way to awaken your innate healing abilities. Through meditations, interactive workshops, and energetic attunements, you will receive your Reiki I Certification while enjoying an all-inclusive, rejuvenating retreat atop a crystal quartz mountain in the heart of the Costa Rican jungle.



THE EXPERIENCE \$1860 + airfare

A 5-night, 6-day total wellness retreat for your mind, body, and spirit. Price includes:

- * Reiki Level I Certification
- * Luxury accommodation at the The Retreat Costa Rica, the #1 Wellness Spa in the Americas
- * Restorative meal plan: breakfast, lunch, and dinner prepared fresh daily with gluten-free, macrobiotic, local and organic ingredients
- * Access to gym, pool, jacuzzi, and sauna
- * Daily optional yoga classes
- * Daily optional nature hike and meditation
- * Round-trip ground transportation from SJO > The Retreat

* For shared rooms (limited availability), total cost is \$1525.

OPTIONAL UPGRADES

Additional farm-to-spa services such as facials, massages, and body wraps, as well as cooking classes and excursions are available upon request.



ELEVATE YOUR VIBRATION

Join us in a retreat designed to nurture, expand, and uplift your innate healing power.



KARI BUZEWSKI

A Certified Reiki Master and Shamanic Healer with 10+ years of experience, Kari is passionate about the power of natural healing and energy work, using Reiki to balance the 7 main chakras and Shamanic Healing to heal trauma so we can return to a fully empowered state. Kari is deeply committed to teaching people how to assess our own imbalances so we can ultimately heal ourselves.

KELLY BEHREND

A 200hr Vinyasa Yoga instructor, Level II Reiki Practitioner and founder of the online energy healing course *Awaken Your Chakras*, Kelly strongly believes in the power of own vibrational energy as a source for healing our minds and bodies. Kelly's experiences with shamans in North and South America and various essential oils and plant medicines bring natural healing modalities into her energy work.

THE DETAILS



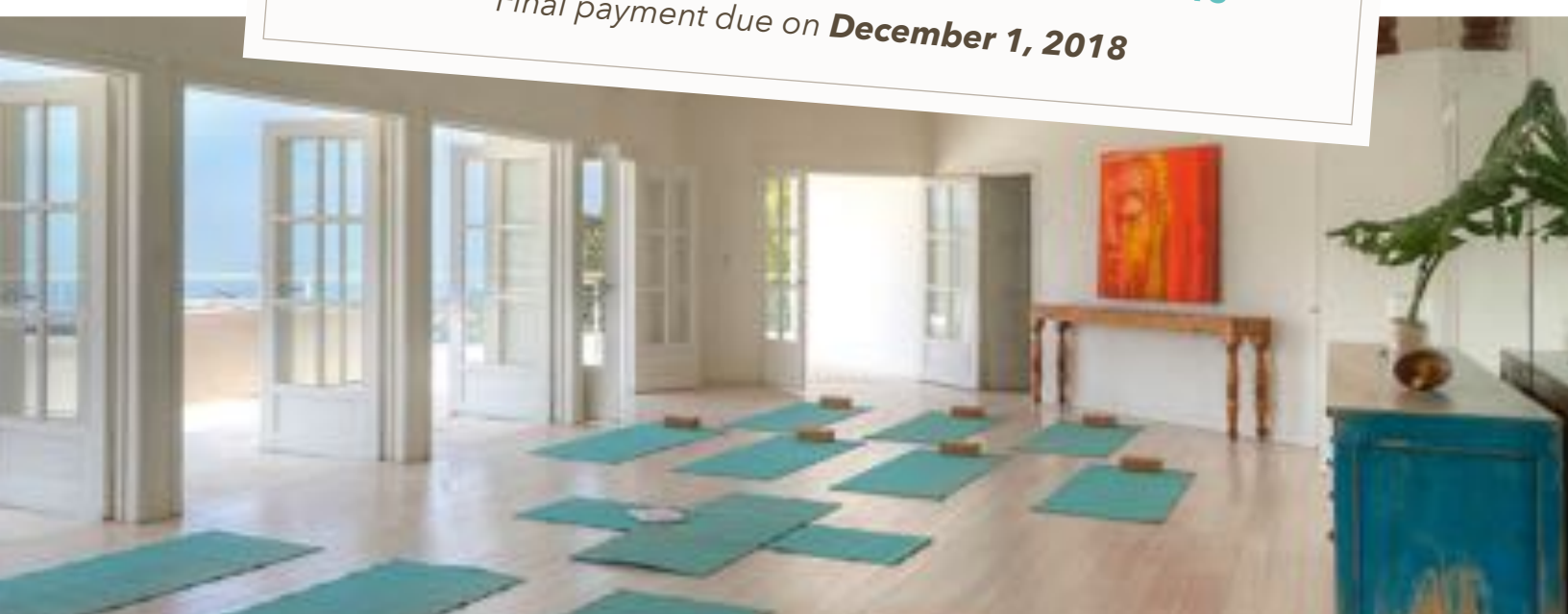
Located less than 30 minutes from San Jose International Airport (SJO), *The Retreat Costa Rica* is nestled in the rainforest on top of a crystal quartz mountain with a stunning balcony overlooking the Pacific Ocean. *The Retreat* provides panoramic views extending over 60 miles across the world-renowned beauty of Costa Rica's biodiverse landscape. This is more than a luxury wellness destination; it truly is Heaven on Earth; a place where people can let go of the stresses of everyday life to gain balance and get bliss.

RESERVE YOUR PLACE

AVAILABILITY IS LIMITED: SPOTS ARE FIRST COME, FIRST SERVED

20% non-refundable deposit due on **October 1, 2018**

Final payment due on **December 1, 2018**



ENERGY WORK NYC @ **THE RETREAT COSTA RICA**

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For more information or to ask any questions, just reach out!

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